

Community-driven psychosocial support: don't forget medication counselling!

SECTION

Nurses & Allied Professionals (TB, HIV, Tobacco and Lung Health)

COORDINATOR(S)

Niranjan Konduri (USA)
Antonia Kwiecien (USA)

CHAIR(S)

Blessina Kumar (India)
Grania Brigden (France)

TARGET AUDIENCE

Patients, civil society, doctors, nurses, social workers, pharmacists, health care providers, NTP programmes, MDR-TB programmes, Stop TB DOTS working group.

DESCRIPTION

Psychosocial support has been shown to improve outcomes and treatment adherence, yet TB programmes under-emphasise patient counselling. Not just as recipients of care, patients can become engaged in their treatment and those who successfully complete treatment can become skilled patient counsellors. Moreover, the term counselling may encompass various dimensions (i.e., emotional, social support, motivation, treatment literacy, medication counselling) but not be well aligned to local realities. The symposium will address this topic from diverse geographical and programmatic settings.

OBJECTIVES

- Recognise opportunities in the design and implementation of counselling and psychosocial support programmes
- Describe the importance of patient experiences and inputs on counselling services offered
- Identify the tools needed by health care providers, communities and patient groups for promoting adherence
- Share lessons learnt from diverse settings with recommendations on programmatic aspects of counselling
- Discuss various dimensions of counselling, options for prioritising interventions and research needs

PRESENTATIONS

- 08:00-08:15 Psychosocial patient support as essential element for management of DR-TB cases – *Gulnara Kaliakbarova (Kazakhstan)*
- 08:20-08:35 Patient perspective on treatment literacy, counselling and adherence – *Jennifer Hughes (South Africa)*
- 08:40-08:55 Counselling and adherence to an arduous treatment: lessons learnt from an HIV programme – *Upasna Agarwal (India)*
- 09:00-09:15 Merging mental health and medication counselling – *Aneeta Pasha (Pakistan)*
- 09:20-09:35 Medication counselling and psychosocial support as part of MDR-TB control strategy – *Renzhong LI (China)*
- 09:40-09:55 Multiple dimensions of counselling and options for prioritisation and intervention – *Niranjan Konduri (USA)*